

# Southern Foothills Area of Narcotics Anonymous

## Legend:

OD-Open Discussion Meeting BS-Book Study  
 BM-Beginners Meeting CM-Candlelight Meeting  
 LS- Literature Study TD-Topic Discussion Meeting  
 MW- Mens, Womens Rap S-Speaker Meeting  
 IP-Information Pamphlet M-Meditation  
 SS-Step Study STS-Step/Tradition Study

## SUNDAY

**2:00p.m. STEPPING TO RECOVERY (STS)**

Temple Baptist Church  
 800 Littlejohn St  
 Gastonia, NC

**7:00 p.m. BEATEN PATH (BS)**

Christ United Methodist Church  
 3415 Union Road  
 Gastonia, NC

## MONDAY

**1:00 p.m. \* SURRENDER@HI NOON (OD)**

Monarch Bldg. (1<sup>st</sup> Monday Speaker Meeting)  
 2501 Court Drive  
 Gastonia, NC

**6:30 p.m. COURAGE TO CHANGE (OB, BS)**

Catawba Heights Baptist Church  
 311 Belmont Road  
 Belmont, NC

**7:00 p.m. NOT ANYMORE (1<sup>st</sup> & 3<sup>rd</sup> LS)  
 (2<sup>nd</sup> & 4<sup>th</sup> OD)**

Serenity Club  
 109 Bethlehem Rd.  
 Kings Mountain, NC

**7:00 p.m. POSITIVE CONNECTIONS (TD)**

Saint Stephens Zion Church At Unity Place  
 201 W. Franklin Blvd.  
 Gastonia, NC

**8:00 p.m. NEVER TOO LATE (BS)**

Wells Springs United Methodist Church  
 Wells Springs Drive (across from Catholic Church)  
 Forest City, NC

**8:00 p.m. Principles Before Personalities (BM)**

Holy Cross Lutheran Church  
 2639 HWY 150 East  
 Lincolnton, NC

## TUESDAY

**12:00 Noon ADDICTS "R" US (OD)**

Holy Trinity Lutheran Church  
 805 South York St  
 Gastonia, NC

**12:00 Noon LEARNING TO LIVE (OD)**

First United Methodist Church/Family Life Ctr. Bldg.  
 109 E Franklin Blvd.  
 Gastonia, NC

**6:00 p.m. JUST FOR TODAY (BS)**

All Saints Episcopal Church  
 1201 S. New Hope Road  
 Gastonia, NC

**6:30p.m. Alive by Grace (OD)**

Aldersgate United Methodist Church  
 1207 W Dixon Blvd.  
 Shelby, NC

**8:00 p.m. ROAD TO RECOVERY (M)**

Cramer Memorial United Methodist Church  
 154 North Main Street  
 Cramerton, NC

**8:00 p.m. NEVER TOO LATE (OD)**

Wells Springs United Methodist Church  
 Wells Springs Drive (across from Catholic Church)  
 Forest City, NC

## WEDNESDAY

**1:00 p.m. \* SURRENDER@HI NOON (BS)**

Monarch Bldg.  
 2501 Court Drive  
 Gastonia, NC

**7:00 p.m. POSITIVE CONNECTIONS (BS)**

Saint Stephens Zion Church At Unity Place  
 201 W. Franklin Blvd.  
 Gastonia, NC

**7:00 p.m. NOT ANYMORE (OD)**

Serenity Club  
 109 Bethlehem Rd.  
 Kings Mountain, NC

**7:30 p.m. BACK TO BASICS (LS)**

First Presbyterian Church of Belmont  
 South Central Ave.  
 Belmont, NC

**8:00p.m. NEVER TOO LATE**

First Presbyterian Church  
 438 West Main St  
 Forest City, NC

## THURSDAY

**12:00 Noon ADDICTS "R" US (BS)**

Holy Trinity Lutheran Church  
 805 South York St  
 Gastonia, NC

**12:00 Noon LEARNING TO LIVE (OD)**

First United Methodist Church/Family Life Ctr. Bldg.  
 109 E Franklin Blvd.  
 Gastonia, NC

**6:00 p.m. JUST FOR TODAY (BS)**

All Saints Episcopal Church  
 1201 S. New Hope Road  
 Gastonia, NC

**7:30 p.m. CLEAN AND SERENE (OD, BS)**

Myers Memorial Methodist Church  
 301 South New Hope Rd.  
 Gastonia, NC

**7:30-9:00pm Tragic to Magic (S,TD,STS,LS)**

West Avenue Presbyterian Church  
 1015 W Franklin Blvd (enter on Ransom St)  
 Gastonia, NC

**8:00 p.m. Principles Before Personalities (OD, S)**

Holy Cross Lutheran Church  
 2639 Hwy 150 East  
 Lincolnton, North Carolina

**8:00 p.m. NEVER TOO LATE (OD)**

Bethel Baptist Church  
 Hwy 74 Business  
 Ellenboro, NC

## FRIDAY

**1:00 p.m. \* SURRENDER@HI NOON (M, IP)**

Monarch Bldg.  
 2501 Court Drive  
 Gastonia, NC

**6:00 p.m. AGAPE (M, IP ) (TD)**

Saint Marks Methodist Church  
 South Main St.  
 Belmont, NC

**7:00 p.m. POSITIVE CONNECTIONS (CM, OD)**

Saint Stephens Zion Church At Unity Place  
 201 W. Franklin Blvd.  
 Gastonia, NC

**8:00 p.m. NOT ANYMORE (OD)**

Serenity Club (Last Friday 2hr Birthday  
 Celebration/Speaker Meeting)  
 109 Bethlehem Rd.  
 Kings Mountain, NC

## SATURDAY

**12:00 Noon ADDICTS "R" US (OD, BS, MS)**

Holy Trinity Lutheran Church (S-5th)  
 805 South York St  
 Gastonia, NC

**6:00 p.m. JUST FOR TODAY (BS, S-2nd)**

All Saints Episcopal Church  
 1201 S. New Hope Road  
 Gastonia, NC

**9:00 p.m. AGAPE (TD,CM)**

Saint Marks Methodist Church  
 South Main St.  
 Belmont, NC



For updated meetings:  
 Call 1-866-997-9559 or visit [www.sfana.com](http://www.sfana.com)

**WHO IS AN ADDICT?**

Most of us do not have to think twice about this question. WE KNOW! Our whole life and thinking was centered on drugs in one form or another-the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions and death.

**WHAT IS THE NARCOTICS ANONYMOUS PROGRAM?**

NA is a non-profit fellowship or society of men & women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only "one" requirement for member-ship, the desire to stop using.

**SFANA SERVICE COMMITTEE MEETINGS**

Serenity Club King Mountain, NC (Monthly)

**ASC (Area Service Committee)**

3rd Sunday @ 4:00 p.m.

**H & I (Hospitals & Institutions)**

3rd Sunday @ 2:30 p.m.

**P.R. (Public Relations)**

3rd Sunday at 1:30 p.m.

**Activities Committee**

2nd Saturday after Addicts R Us Meeting

**P&P (Policy & Procedures)**

Time & Location to be announced at Area Meeting

All to be announced information and area events are

also on our area website [www.sfana.com](http://www.sfana.com)

**SUGGESTIONS:**

Avoid people, places & things you used with/at.

Get and Use a sponsor.

Keep coming back, it works.

Come early and stay late.

90 meetings in 90 days.

Don't use and go to meetings.

Get and Use the phone numbers.

Get and Read the basic text.

Join a home group.

**NAMES AND NUMBERS**

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**NARCOTICS ANONYMOUS**

**MEETING DIRECTORY**

**SOUTHERN FOOTHILLS AREA**

PO Box 713

Forest City, NC 28043

- Belmont
- Cramerton
- Ellenboro
- Forest City
- Gastonia
- Kings Mountain
- Lincolnton
- Shelby

**AND SURROUNDING AREAS**

**December 2017**

Helpline

1-866-997-9559

For more area information please visit:

[www.sfana.com](http://www.sfana.com)