

MONDAY

NOON1HR Addicts R Us Group, Holy Trinity Lutheran Church, 805 S York Street, Gastonia, NC, 28052 **(O,D,TC,VM)**

6 : 30 **PM1HR Courage to Change Group**, Catawba Heights Baptist Church, 311 Belmont Road, Belmont, NC, 28012 **(O,BT,D,WC,BK)**

7 : 00 **PM1HR Not Anymore Group**, Serenity Club, 109 Bethlehem Road, Kings Mountain, NC, 28086 **(O,BT,WC)**

7 : 00 **PM1HR Positive Connections Group**, St Stephens Zion Church at Unity Place, 201 W Franklin Boulevard, Gastonia, NC, 28052 **(BT,D,To,TC,VM)**

8 : 00 **PM1HR Never Too Late Group**, Spindale Fellowship Holiness Church, 301 Deviney St, Spindale, NC, 28160 **(O,BK)**

TUESDAY

NOON1HR Addicts R Us Group, Holy Trinity Lutheran Church, Masks Required by Facility, 805 S York Street, Gastonia, NC, 28052 **(O,D)**

NOON1HR Learning to Live Group, First United Methodist Church/Theater, Phone Meeting - (848) 220-3300 | ID 955-7335, 162 East Main St, Gastonia, NC, 28052 **(O,D,HY)**

6 : 00 **PM1HR Just for Today Group**, All Saints Episcopal Church, 1201 South New Hope Rd, Gastonia, NC, 28054 **(BK,HY)**

6 : 30 **PM1HR Living Clean**, Whites Business Plaza, 212 W. Dixon Blvd, Shelby, NC, 28152 **(D, TOP)**

7 : 00 **PM1HR Road to Recovery Group**, Cramer Memorial United Methodist Church, 154 N Main Street, Cramerton, NC, 28032 **(BT,WC,ME,TC,VM)**

8 : 00 **PM1HR Never Too Late Group**, Spindale Fellowship Holiness Church, 301 Deviney St, Spindale, NC, 28160 **(O,BT,D)**

WEDNESDAY

NOON1HR Addicts R Us Group, Holy Trinity Lutheran Church, 805 S York Street, Gastonia, NC, 28052 **(O,D,TC,VM)**

7 : 00 **PM1HR Not Anymore Group**, Serenity Club, 109 Bethlehem Road, Kings Mountain, NC, 28086 **(O,BT,D,WC)**

7 : 00 **PM1HR Positive Connections Group**, St Stephens Zion Church at Unity Place, 201 W Franklin Boulevard, Gastonia, NC, 28052 **(BT,BK,TC,VM)**

7 : 30 **PM1HR This Is It Group**, 810 East Second Ave, Gastonia, NC, 28054 **(O,D,WC)**

8 : 00 **PM1HR Never Too Late Group**, First Presbyterian Church, 438 West Main St, Forest City, NC, 28043 **(O,D)**

THURSDAY

NOON1HR Addicts R Us Group, Holy Trinity Lutheran Church, Masks Required by Facility, 805 S York Street, Gastonia, NC, 28052 **(O,D)**

THURSDAY (CONT)

NOON1HR Learning to Live Group, First United Methodist Church/Theater, Phone Meeting - (848) 220-3300 | ID 955-7335, 162 East Main St, Gastonia, NC, 28052 **(O,LIT,HY)**

6 : 00 **PM1HR Just for Today Group**, All Saints Episcopal Church, 1201 South New Hope Rd, Gastonia, NC, 28054 **(BK,HY)**

7 : 30 **PM1HR Clean and Serene Group**, Myers Memorial United Methodist Church, 301 S New Hope Road, Gastonia, NC, 28054 **(O,D,IP,BK)**

8 : 00 **PM1HR Never Too Late Group**, Bethel Baptist Church, 479 Main St, Ellenboro, NC, 28040 **(O,D)**

8 : 00 **PM1HR Principles Before Personalities Group**, Holy Cross Lutheran Church, 2639 Hwy 150 East, Lincolnton, NC, 28092 **(O,D,SD)**

FRIDAY

NOON1HR Addicts R Us Group, Holy Trinity Lutheran Church, 805 S York Street, Gastonia, NC, 28052 **(O,D,TC,VM)**

6 : 00 **PM1HR Agape Group**, St Marks Methodist Church, 716 S Main Street, Belmont, NC, 28120 **(O,D,IP,To,ME,TC,VM)**

7 : 00 **PM1HR Not Anymore Group**, Serenity Club, Last Friday of the month is a celebration meeting and it is 1hr and 15 minutes, 109 Bethlehem Road, Kings Mountain, NC, 28086 **(O,D,WC)**

7 : 00 **PM1HR Positive Connections Group**, St Stephens Zion Church at Unity Place, 201 W Franklin Boulevard, Gastonia, NC, 28052 **(O,D,CL,TC,VM)**

SATURDAY

NOON1HR Addicts R Us Group, Holy Trinity Lutheran Church, Masks Required by Facility, 805 S York Street, Gastonia, NC, 28052 **(O,D,BK)**

6 : 00 **PM1HR Just for Today Group**, All Saints Episcopal Church, 1201 South New Hope Rd, Gastonia, NC, 28054 **(O,SD,BK,HY)**

6 : 00 **PM1HR Living Clean**, Whites Business Plaza, 212 W. Dixon Blvd, Shelby, NC, 28152 **(D, TOP)**

9 : 00 **PM1HR Agape Group**, St Marks Methodist Church, 716 S Main Street, Belmont, NC, 28120 **(O,D,CL,To)**

SUNDAY

2 : 00 **PM1HR Stepping To Recovery**, Temple Baptist Church, 701 Littlejohn Street, Gastonia, NC, 28052 **(Tr,BK,HY)**

7 : 00 **PM1HR Beaten Path Group**, Christ United Methodist Church, 3415 Union Rd, Gastonia, NC, 28056 **(O,WC,BK)**

MEETING FORMAT LEGEND

BK	Book Study	BT	Basic Text
CL	Candlelight	D	Discussion
HY	Hybrid	IP	Informational Pamphlet
LIT	Literature Study	ME	Meditation
O	Open	SD	Speaker/Discussion
TC	Temporarily Closed	TOP	Topic
To	Topic	Tr	Tradition
VM	Virtual Meeting	WC	Wheelchair

SERVICE MEETINGS



SOUTHERN FOOTHILLS AREA

MEETING LIST

OCTOBER 2021

24 HOUR HELPLINE

1 (855) 613-2762

<https://www.sfana.com>

SUGGESTIONS FOR EVERYONE

- DON'T USE** no matter what
- Ask your Higher Power** to keep you clean
- Come early and stay late**
- Get a home group**
- Go to 90 meetings in 90 days**
- Read NA literature daily**
- Get and use a sponsor**
- Use the PHONE**

KEEP COMING BACK. IT WORKS

Meetings Weekly: 32

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is Hope
and the promise of Freedom.**