MONDAY

6:30 PM 1 HR Courage to Change Group, Catawba Heights Baptist Church, 311 Belmont Mt Holly Road, Belmont, NC, 28012 (O,BT,D,WC,BK)

7:00 PM 1.25 HR Positive Connections Group, St Stephens Zion Church at Unity Place, 201 W Franklin Blvd, Gastonia, NC, 28052 (O,BT,D,TOP)

7:00 PM 1.5 HR Relapse -N- Recovery, Gastonia, NC, (O,VM)
Zoom ID: 872 8996 3262, Passcode recovery

8:00 PM 1 HR Never Too Late Group, Well Spring Methodist Church, 201 Wells Spring Rd, Forest City, NC, 28043 (O,BK)

TUESDAY

NOON 1 HR Learning to Live Group, First United Methodist Church/Theater, In Person and Virtual: Phone - (848) 220-3300 | ID 955-7335#, 162 East Main St, Gastonia, NC, 28052 (O,D,HY)

NOON 1 HR Stepping To Recovery, Temple Baptist Church, 701 Littlejohn Street, Gastonia, NC, 28052 (O,STP,LIT)

6:00 PM 1.25 HR Just for Today Group, All Saints Episcopal Church, 1201 South New Hope Rd, Gastonia, NC, 28054 (O,BK)

6:30 PM 1 HR Living Clean, 212 N. Washington St., Shelby, NC, 28150 (O,D,TOP)

7:00 PM 1 HR Road to Recovery Group, Cramer Memorial United Methodist Church, 154 N Main Street, Cramerton, NC, 28032 (O,D,WC,BK)

8:00 PM 1 HR Never Too Late Group, Wells Spring United Methodist Church, 201 Wells Spring Rd, Forest City, NC, 28043 (O.BT.D)

WEDNESDAY

7:00 PM 1.25 HR Positive Connections Group, St Stephens Zion Church at Unity Place, 201 W Franklin Boulevard, Gastonia, NC, 28052 (O,BT,BK)

WEDNESDAY (CONT)

8:00 PM 1 HR Never Too Late Group, First Presbyterian Church, 438 West Main St, Forest City, NC, 28043 (O,D)

THURSDAY

NOON 1 HR Learning to Live Group, First United Methodist Church/Theater, Meets in person and by phone, 162 East Main St, Gastonia, NC, 28052 (O,LIT,HY)

phone 848-220-3300 ID 955-7335

NOON 1 HR Stepping To Recovery, Temple Baptist Church, 701 Littlejohn Street, Gastonia, NC, 28052 (O,STP,LIT)

6:00 PM 1.25 HR Just for Today Group, All Saints Episcopal Church, 1201 South New Hope Rd, Gastonia, NC, 28054 (O,BK)

7:30 PM 1 HR Clean and Serene Group, Myers Memorial United Methodist Church, 301 S New Hope Road, Gastonia, NC, 28054 (O,D,IP,BK)

8:00 PM 1 HR Never Too Late Group, Bethel Baptist Church, 479 Main St, Ellenboro, NC, 28040 (O,D)

FRIDAY

NOON 1 HR Addicts R Us Group, Holy Trinity Lutheran Church, park in parking lot, walk down sidewalk on York st. enter first door on right, pull and come on in, 805 S York Street, Gastonia, NC, 28052 (O,D)

7:00 PM 1 HR Not Anymore Group, Ebenezer Baptist Church, Last Friday of the month is a celebration meeting and it is 1hr and 15 minutes, 1621 County Line Rd, Kings Mountain, NC, 28086 (O,D)

7:00 PM 1.25 HR Positive Connections Group, St Stephens Zion Church at Unity Place, 201 W Franklin Boulevard, Gastonia, NC, 28052 (O,CAN,D)

7:00 PM 1.25 HR Stepping To Recovery, Temple Baptist Church, 701 Littlejohn Street, Gastonia, NC, 28052 (O,CAN)

SATURDAY

NOON 1 HR Addicts R Us Group, Holy Trinity Lutheran Church, park in parking lot, walk down sidewalk on York st, first door on the right, pull and come on in, 805 S York Street, Gastonia, NC, 28052 (O,D,BK)

6:00 PM 1.5 HR Just for Today Group, All Saints Episcopal Church, 1201 South New Hope Rd, Gastonia, NC, 28054 (O,SD,BK)

6:00 PM 1 HR Living Clean, 212 N. Washington St., Shelby, NC, 28150 (O,D,TOP)

7:00 PM 1 HR Agape Group, st marks methodist church, 701 Secrest Ave, Belmont, NC, 28012 (O,CAN,D,TOP)

SUNDAY

2:00 PM 1.5 HR Stepping To Recovery, Temple Baptist Church, 701 Littlejohn Street, Gastonia, NC, 28052 (O,TRD,BK)

7:00 PM 1.25 HR Together We Rise, 12 Step Club, 601 E. 3rd Ave, Gastonia, NC, 28054 (O,D,TOP)

CAN Candlelight D Discussion IP Informational Pamphlet SD Speaker & Discussion O Open WC Wheelchair BT Basic Text STP Step TOP Topic TRD Tradition LIT Literature Study BK Book Study	MEETING FORMAT LEGEND						
O Open WC Wheelchair BT Basic Text STP Step TOP Topic TRD Tradition LIT Literature Study BK Book Study	CAN	Candlelight	D	Discussion			
BT Basic Text STP Step TOP Topic TRD Tradition LIT Literature Study BK Book Study	IP	Informational Pamphlet	SD	Speaker & Discussion			
TOP Topic TRD Tradition LIT Literature Study BK Book Study	0	Open	WC	Wheelchair			
LIT Literature Study BK Book Study	BT	Basic Text	STP	Step			
	TOP	Topic	TRD	Tradition			
	LIT	Literature Study	BK	Book Study			
VM Virtual Meeting HY Hybrid	VM	Virtual Meeting	HY	Hybrid			

SERVICE MEETINGS

The Area Business Meeting (ASC) meets:

Third Sunday of each month at 4:00 p.m. at 1621 County Line Rd. Kings Mountain, NC 28012

H&I Sub-Committee meets:

2nd Wednesday of Month at 6:00 p.m. 201 W. Franklin Blvd, Gastonia, NC 28052

PR Sub-Committee Meets:

On Zoom 3rd Thursday of Month 6:30 p.m.

ID: 869 7452 7423 Passcode: public

Policy Sub-Committee Meets:

Temple Baptist Church 701 Little John St Gastonia, NC 28052

Activities Sub-Committee TBA

If you have an interest serving on a committee come to the ASC.

All are welcome.

Practicing Principles before Personalities

PHONE NUMBERS

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is Hope and the promise of Freedom.

Basic Text, page 65



SOUTHERN FOOTHILLS AREA

MEETING LIST OCTOBER 2025

24 HOUR HELPLINE SFANA helpline

Talk to an addict

1 (866) 997-9559

Our message is HOPE and the PROMISE of FREEDOM.

CRNA helpline

1 (855) 613-2762

Text number and enter your zipcode, or city/state, receive a text with local meetings

For more information

https://www.sfana.com



SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 27