MONDAY

6:30 PM 1 HR Courage to Change Group, Catawba Heights Baptist Church, 311 Belmont Mt Holly Road, Belmont, NC, 28012 **(O,BT,D,WC,BK)**

7:00 PM 1.25 HR Positive Connections Group, St Stephens Zion Church at Unity Place, 201 W Franklin Blvd, Gastonia, NC, 28052 **(O,BT,D,TOP)**

7:00 PM 1.5 HR Relapse -N- Recovery, Gastonia, NC, **(O,VM)**
Zoom ID: 872 8996 3262, Passcode recovery

8:00 PM 1 HR Never Too Late Group, Well Spring Methodist Church, 201 Wells Spring Rd, Forest City, NC, 28043 **(O,BK)**

TUESDAY

NOON 1 HR Learning to Live Group, First United Methodist Church/Theater, In Person and Virtual: Phone - (848) 220-3300 | ID 955-7335#, 162 East Main St, Gastonia, NC, 28052 **(O,D,HY)**

6:00 PM 1.25 HR Just for Today Group, All Saints Episcopal Church, 1201 South New Hope Rd, Gastonia, NC, 28054 **(O,BK)**

6:30 PM 1 HR Living Clean, 212 N. Washington St., Shelby, NC, 28150 **(O,D,TOP)**

7:00 PM 1 HR Road to Recovery Group, Cramer Memorial United Methodist Church, 154 N Main Street, Cramerton, NC, 28032 **(O,D,WC,BK)**

8:00 PM 1 HR Never Too Late Group, Wells Spring United Methodist Church, 201 Wells Spring Rd, Forest City, NC, 28043 **(O,BT,D)**

WEDNESDAY

6:00 PM 1 HR What happen' was, Good Shepard Lutheran, Enter from side alley on right, parking on side and in back, 110 S. Main St, Mount Holly, NC, 28120 **(C,VAR)**

7:00 PM 1.25 HR Positive Connections Group, St Stephens Zion Church at Unity Place, 201 W Franklin Boulevard, Gastonia, NC, 28052 **(O,BT,BK)**

WEDNESDAY (CONT)

8:00 PM 1 HR Never Too Late Group, First Presbyterian Church, 438 West Main St, Forest City, NC, 28043 **(O,D)**

THURSDAY

NOON 1 HR Learning to Live Group, First United Methodist Church/Theater, Meets in person and by phone, 162 East Main St, Gastonia, NC, 28052 **(O,LIT,HY)**
phone 848-220-3300 ID 955-7335

6:00 PM 1.25 HR Just for Today Group, All Saints Episcopal Church, 1201 South New Hope Rd, Gastonia, NC, 28054 **(O,BK)**

7:30 PM 1 HR Clean and Serene Group, Myers Memorial United Methodist Church, 301 S New Hope Road, Gastonia, NC, 28054 **(O,D,IP,BK)**

8:00 PM 1 HR Never Too Late Group, Bethel Baptist Church, 479 Main St, Ellenboro, NC, 28040 **(O,D)**

FRIDAY

NOON 1 HR Addicts R Us Group, Holy Trinity Lutheran Church, park in parking lot, walk down sidewalk on York st. enter first door on right, pull and come on in, 805 S York Street, Gastonia, NC, 28052 **(O,D)**

7:00 PM 1 HR Not Anymore Group, Ebenezer Baptist Church, Last Friday of the month is a celebration meeting and it is 1hr and 15 minutes, 1621 County Line Rd, Kings Mountain, NC, 28086 **(O,D)**

7:00 PM 1.25 HR Positive Connections Group, St Stephens Zion Church at Unity Place, 201 W Franklin Boulevard, Gastonia, NC, 28052 **(O,CAN,D)**

7:00 PM 1.25 HR Stepping To Recovery, 1540 Union Road Suite B, Gastonia, NC, 28054 **(O,CAN)**

SATURDAY

10:00 AM 1.25 HR Fleeting Glimpse, YMCA child care room, 215 N. Mountain St., Cherryville, NC, 28021 **(SPAD)**

SATURDAY (CONT)

NOON 1 HR Addicts R Us Group, Holy Trinity Lutheran Church, park in parking lot, walk down sidewalk on York st, first door on the right, pull and come on in, 805 S York Street, Gastonia, NC, 28052 **(O,D,BK)**

6:00 PM 1.5 HR Just for Today Group, All Saints Episcopal Church, 1201 South New Hope Rd, Gastonia, NC, 28054 **(O,SD,BK)**

6:00 PM 1 HR Living Clean, 212 N. Washington St., Shelby, NC, 28150 **(O,D,TOP)**

7:00 PM 1 HR Agape Group, st marks methodist church, 701 Secrest Ave, Belmont, NC, 28012 **(O,CAN,D,TOP)**

SUNDAY

2:00 PM 1.5 HR Stepping To Recovery, 1540 Union Road Suite B, 1540 Union Road, Gastonia, NC, 28054 **(O,TRD,BK)**

7:00 PM 1.25 HR Together We Rise, Christ Methodist, Gym Building in back on right side, 3415 Union Rd, Gastonia, NC, 28056 **(O,D,TOP)** *starts february*

MEETING FORMAT LEGEND			
BT	Basic Text	C	Closed to Non-Addicts
CAN	Candlelight	D	Discussion
IP	Informational Pamphlet	O	Open
VAR	Format Varies	TOP	Topic
TRD	Tradition	WC	Wheelchair
LIT	Literature Study	SD	Speaker & Discussion
BK	Book Study	VM	Virtual Meeting
HY	Hybrid	SPAD	A Spiritual Principle a Day

SERVICE MEETINGS

Area Business Meeting (ASC) meets:

Third Sunday of each month at 4:00 p.m. at 1621 County Line Rd., Kings Mountain, NC 28012

H&I Sub-Committee meets:

2nd Wednesday of the month at 6:00 p.m. 201 W. Franklin Blvd, Gastonia, NC 28052

If you are interested in serving on a committee, please come to the ASC. All are welcome.

**Any addict can stop using,
Lose the desire to use and
Find a new way of life.**

OUR MESSAGE IS HOPE, AND THE PROMISE IS FREEDOM.

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PHONE NUMBERS

SOUTHERN FOOTHILLS AREA
of NARCOTICS ANONYMOUS

SOUTHERN FOOTHILLS AREA

MEETING LIST
NOVEMBER 2026

24-HOUR HELPLINE
SFANA helpline

Talk to an addict

1 (866) 997-9559

Our message is HOPE and the PROMISE of FREEDOM.

CRNA helpline

1 (855) 613-2762

Text the number and enter your ZIP code or city/state, receive a text with local meetings.

For more information

https://www.sfana.com

SUGGESTIONS FOR EVERYONE

DON'T USE, no matter what.
Come early and stay late.
Get a home group.
Go to 90 meetings in 90 days.
Read NA literature daily.
Get and use a sponsor.
Use the PHONE.
KEEP COMING BACK. IT WORKS

Meetings Weekly: 27